

Childcare Menu Week 1 - Week Commencing: 06.07.26

*Low in Sodium & Refined Sugars

*Nut Aware

*Locally Sourced Produce

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MORNING TEA	 <p>ORGANIC MILK W/ APPLE & CARROT STICKS</p>	 <p>CHEESY TOMATO WHOLEMEAL MUFFIN</p>	 <p>WHOLEMEAL FLATBREAD W/ TZATZIKI & CRUDITES</p>	 <p>TROPICAL FRUIT PLATTER W/ ORGANIC MILK</p>	 <p>ORGANIC MILK & BLACK BEAN BROWNIE</p>
LUNCH	 <p>CHICKEN & VEGETABLE NOODLES</p>	 <p>BEEF & SWEET POTATO COTTAGE PIE</p>	 <p>SANDWICH: CHICKEN, CARROT, CHEESY MINT PEA / ROAST BEEF, TOMATO & PEPITA PESTO SANDWICH SUSHI: TERIYAKI CHICKEN</p>	 <p>BEAN BURRITO BOWL W/ CORN CHIPS, RICE & GUACAMOLE</p>	 <p>WHOLEMEAL CHEESE BURGER PASTA</p>
AFTERNOON TEA	 <p>WHOLEMEAL GARLIC BREAD W/ ORANGES</p>	 <p>CUCUMBER, BEETROOT HUMMUS, GRAPES, CAPSICUM & CRISP BREAD</p>	 <p>CHEESE & TOMATO PIZZA</p>	 <p>TUNA & CHIVE DIP / TOMATO & CHEESE DIP W/ VEGGIE STICKS & RICE CRACKERS</p>	 <p>BANANA, GRAPES, MANDARIN</p>